

RAMPAGE!



PROGRAM SUPPLEMENT





RAMPAGE Overview

The RAMPAGE!!! program is the ultimate high adventure opportunity for Scouts that attend Camp Raven Knob. Scouts will have a challenging week full of adventure based out of our outpost facility in Independence, Virginia. Scouts will go whitewater canoeing and river boarding on the New River, natural rock climbing at the famous Pilot Mountain, and overnight backpacking on the Appalachian Trail in Grayson Highlands State Park. Scouts age 14+ and adult leaders will love the thrills of this exciting week in the mountains, foothills, rivers, and gorges!



Activities

Activities completed each week may vary due to weather conditions or other considerations.

Whitewater Canoeing

River Boarding

Natural Rock Climbing

Overnight Backpacking



Schedule Overview

Sunday

- 1:00–4:00 Gear Drop-Off at Scoutcraft area
- 1:00–4:00 Swim Check with unit at Aquatics area
- 4:00pm Meet at Scoutcraft area with all gear
- Supper at Raven Knob
- Head to RAMPAGE site (Independence, VA)

Monday

- Canoeing New River in Independence (lunch along the river)
- Stay overnight at RAMPAGE site (Independence, VA)

Tuesday

- River Boarding at New River Trail State Park
- Return to CRK for the night, stay in unit campsite

Wednesday

- Hike to the top of Raven Knob (after breakfast)
- Climbing at Pilot Mountain
- Return to CRK for Visitors' Night, supper, and campfire
- Return to RAMPAGE site after campfire (Independence, VA)

Thursday

- Depart for Grayson Highlands State Park for overnight backpacking
- Spend the night in Grayson Highlands

Friday

- Finish backpacking trip
- Return to RAMPAGE site for cleanup (Independence, VA)
- Return to CRK for supper and campfire, stay in unit campsite



Equipment Information

Backpacking Gear

This gear needs to be able to fit inside of a backpack or be worn on the body

- Backpack
- Tent or Hammock (with straps)
- Sleeping Gear
 - Ground Pad
 - Sleeping Bag
 - Backpacking Pillow
- Water Bottle/Bladder (3 Liters MINIMUM)
- Hiking Shoes/ Boots
- Reusable utensil kit (fork, spoon, etc.)
- Change of Clothes (shirt, underwear, two pairs of socks)
- Rain Jacket
- Light Jacket for cool evenings (~60° at night)
- Sun Protection (Sunscreen, Hat, Sunglasses)
- Fire Starter
- Pocket Knife
- First Aid Kit
- Flashlight/ Headlamp
- Trail Safe Toiletries (Biodegradable)
- Extra Trail Snacks (optional)

Canoeing Gear

This gear needs to be ok to get wet/submerged

- Swimwear
- Closed-Toe Boating Shoes
- Drybag/Watertight case (optional)
- Quick-Dry shirt
- Sun Protection (Sunscreen, Hat, Sunglasses)
- Towel

NOTE: Do not wear cotton items on the river. Cotton holds water and wicks warmth away from your body. Cotton clothing worn at the campsite is fine and can be quite comfortable after a day on the water

Base Camp

This gear will be left at the RAMPAGE site during the week

- T-shirts
- Shorts/Pants
- Underwear
- Socks
- Light Jacket for cool evenings (~60° at night)
- Insect Repellent
- Notebook and Pen/Pencil
- Watch
- Toiletries

Optional Gear

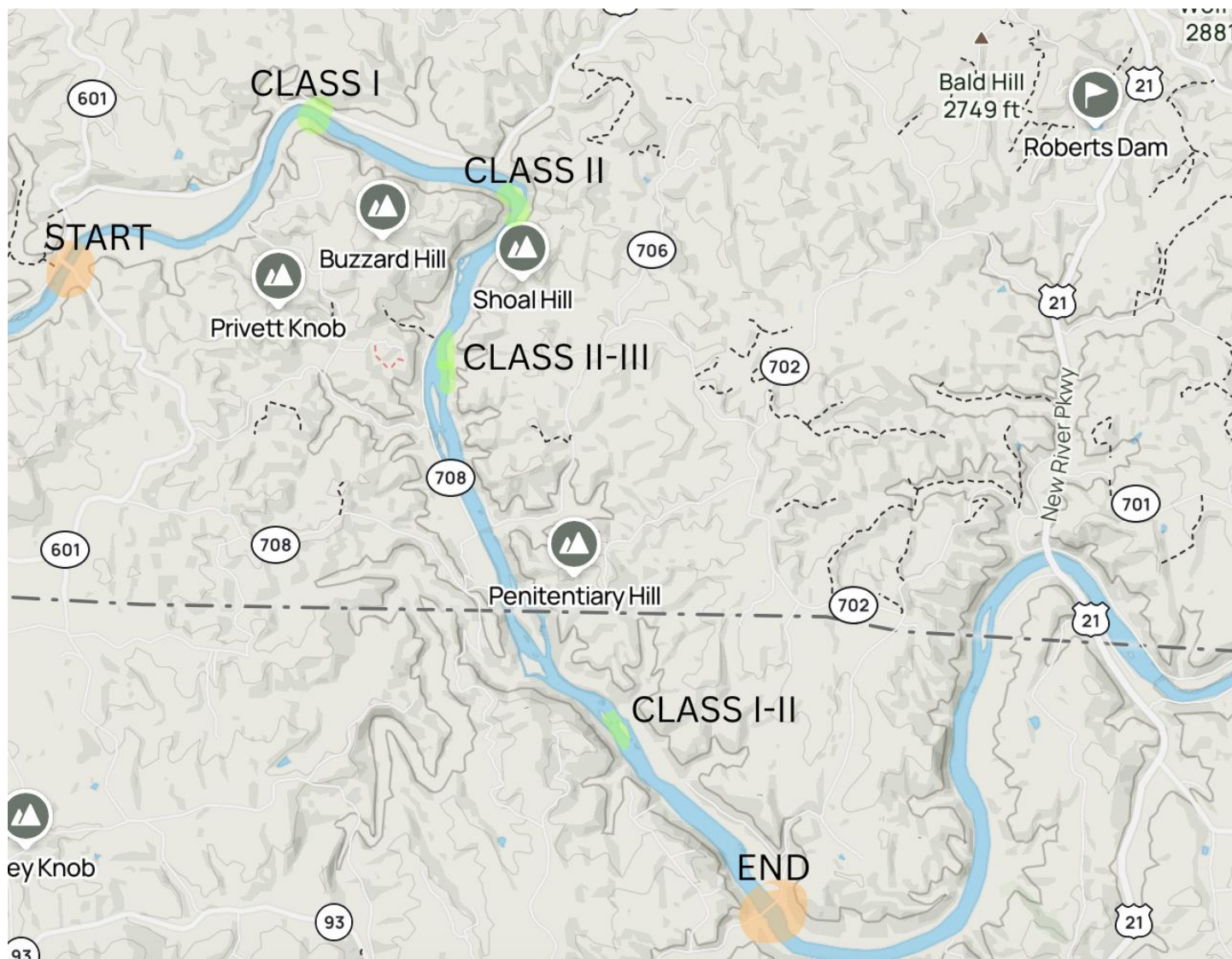
- Trekking Poles
- Camp Pillow
- Camp Shoes
- Camp Stove/Cookware
- Extra Snacks
- Solar Charger

NOTE: The Scouting America Field Uniform ("Class A") is not required for any RAMPAGE activities; however, it should be left with the unit at CRK for wearing to supper on Tuesday/Friday and campfires on Wednesday/Friday.

Maps and Routes

Whitewater Canoeing

Our canoeing route down the New River starts at Cox's Chapel Low Water Bridge in Virginia, continues past the RAMPAGE base camp, and concludes at the Martin Gambill Bridge at Farmer's Fish Camp in North Carolina. Participants will stop along the river for a lunch break.



River Boarding

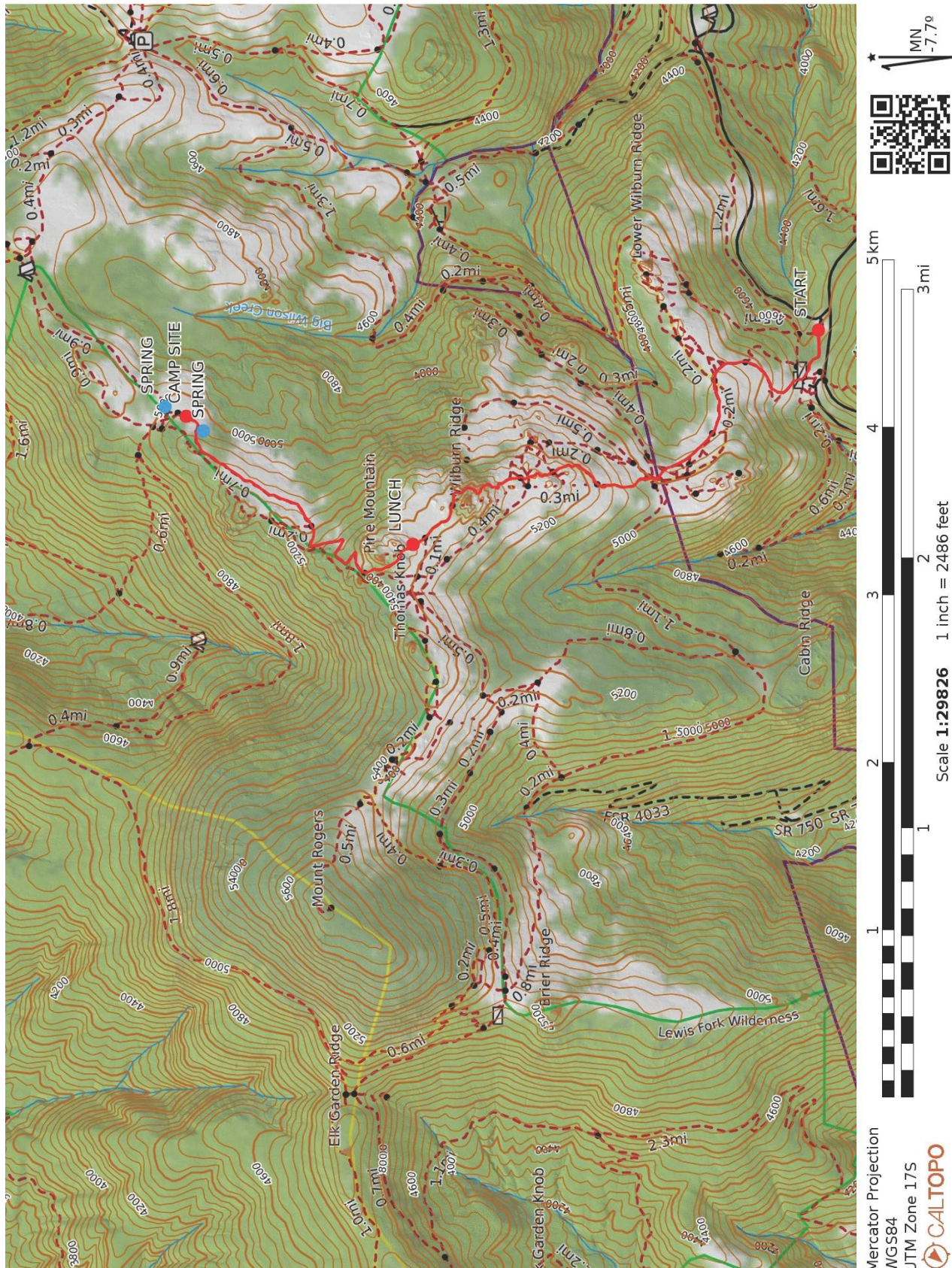
Our river boarding route is a 1-mile float within New River Trail State Park. Participants will eat a picnic lunch at the park after concluding the float.

Overnight Backpacking

The exact backpacking route will vary from week to week depending on the number of participants and their hiking abilities. Sample hike maps are available below or at ravenknob.com/rampage.



Standard Hike





Short Hike

